

Full Committee
Howard County School Health Council
October 7, 2015
(7:00pm -9:00pm)

MINUTES

I. Welcome and Introductions

Anne Markus

- **Attendees:** Jacqueline Dougé, Deborah Lattimer, Anne Markus, Joanne Jackson, Ekere Olojola, Linda Rangos, Joan Webb-Scornaienchi, Terri Laubach, Stacie Bell, Andrea LeWinter, Don Disney, Marva Dickerson, Eileen Singleton, Brian Ralph, Donna Mazyck, Caroline Rothfield, Elizabeth Menachery, Deb Jung

II. Designation of Minute Taker

Anne Markus

Volunteers to help with minutes during meetings requested. Caroline Rothfield agreed to take minutes for tonight's meeting.

III. Review of Ground Rules (see attachment #1)

Executive Committee

Discussion of the structure and flow of full committee meetings going forward including: decision-making model, time limits for speaking and respectful behavior discussed and agreed upon by members present.

IV. Approval of Agenda

Anne Markus

- Approved

V. Approval of May Meeting Minutes

Anne Markus

- Minutes approved for May 6, 2015 with amendment Opioid not Opium and correct spelling of Stacie Bell's name

VI. Priority Setting for SY 2015-16 (see attachment #2)

Executive Committee

- Hand out given which compiled suggestions from committee members and community members as to potential subjects for the HCSHC to focus on during the coming year. Members instructed to rank these in order of priority, 1 being highest and 6 being lowest. It was decided to develop a Survey Monkey document to be distributed to all committee members for input. Deadline approximately 2 weeks after survey goes live.
- Later start times for high and middle schools discussed. Public forum to present conclusions of working group to occur October 22 at 3 pm. Some concerns were raised that the conclusions may not be an accurate representation of data or community input.
- Rethinking Business Model of Food and Nutrition service discussed and clarified somewhat. Brian Ralph explained that food services in public school systems throughout the nation have their own operating budgets and their own audits that are completely separate from school budgets. Howard Co uses IOM

standards versus “Smart snack” standards used by many other food services nationally. Concerns raised over the continued snack and meal options and possible conflicts current set up may present. Increasing participation and improving selections discussed briefly as possible priorities for committee going forward this year.

- Hand washing and Flu prevention discussed briefly. Including logistical challenges of washing hands before lunches vs. using hand sanitizer.
- Encouraging physical activity at middle and high school levels discussed. Suggestions for before and after school organized physical activities, particularly for girls, brought up, including dance, yoga, other inclusive activities.
- S.H.C. Wellness Sub-Committee looking at the implementation of Wellness Policy 9090 and the County and looking at ways to start understanding how it’s being implemented. Deborah Lattimer and Stacie Bell are Co-Chairs of the Wellness Sub-Committee. There is also a student representative on the Wellness Sub-Committee.
- A questionnaire was developed as means of evaluating Wellness Policy 9090 by interviewing the Principals.

VI. Anti- Tobacco Sales Initiative (see attachment #3)

Elizabeth Menachery, MD, Medical Director, HCHD

- Presentation on current teen tobacco use and targeted advertising of teens despite 1998 act that forbids advertizing to underage users.

VII. Wellness Sub-Committee Final Report and Key Recommendations (see attachment #4)

Stacie Bell, Co-Chair

- Presentation of implementation status of Wellness Policy 9090 after the first year. This included a one on one surveys of 19 school principals throughout the county in selected elementary, middle and high schools.
- Presentation to the Board of Education scheduled for Tuesday, October 20th, 8pm.

VIII. Announcements for SHC Members

- Caroline Rothfield announced presentation on Human Trafficking at Glenelg High School on Thursday, October 29th, 6:30- 8:00pm. This will be presented by The Samaritan Women organization in conjunction with Emma Rothfield. More information available form Emma at erothfield@aol.com

XI. Adjourn Meeting