

HOWARD COUNTY SCHOOL HEALTH COUNCIL
WELLNESS SUB-COMMITTEE
Meeting Minutes
3/9/2015

The Wellness Sub-Committee of the Howard County School Health Council met on March 9 at 7 p.m. for over an hour. Nine out of fourteen possible members attended the meeting, as well as Board of Ed. member, Ann DeLacy, and the Deputy Superintendent, Linda Wise. Anne Markus, School Health Council Chairperson, and Deborah Lattimer, Co-Chair of the Sub-Committee, led the meeting. Information was distributed pertaining to the purpose and mission of the Wellness Sub-Committee (see attachments.) This includes:

- ~An agenda for the meeting.
- ~ A fact sheet by the School Health Council.
- ~The portion of Policy 9090 (section IX-J) stating that "the Howard County School Health Council, which serves in an advisory capacity, will provide feedback annually to the Board."
- ~The Wellness Sub-Committee Charge Statement, Scope of Work, Sub-Committee Membership, and Timeline.
- ~Names and contact information of those who've indicated interest in serving on the sub-committee, along with information about Howard Co. schools, and links to school contact information, the Wellness Policy 9090, IOM Nutrition Standards, USDA resources for evaluating wellness policies, and possible questions to be asked of the schools.

Stacie Bell, who has children in the school system and a background in science, nutrition, and physical fitness, agreed to serve as the Sub-Committee Chair. Deb Lattimer will serve as the Sub-Committee Co-Chair.

As a next step, the Wellness Sub-Committee decided to try and meet the week of 3/22, and to invite Frank Eastham, Exec. Dir. of School Improvement & Administration, to speak with the sub-committee about his ongoing activities related to the Wellness Policy. It was also decided to compile a list of questions to ask Mr. Eastham, as a representative of the school system, prior to the next meeting.